

# **The Indiana Commission to Combat Drug Abuse**



*Behavioral Health Division*

## **Comprehensive Community Plan**

County: Clay County

LCC Name: Clay County Substance Abuse Council

LCC Contact: Terry Cohen

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County Commissioners: Bryan Allender, Marty Heffner, Paul Sindors (President)

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City: Brazil

Zip Code: 48734

## Vision Statement

What is your Local Coordinating Council's vision statement?

The Clay County Substance Abuse Council inspires a community free of drug and alcohol abuse.

## Mission Statement

What is your Local Coordinating Council's mission statement?

The mission of the Clay County Substance Abuse Council (CCSAC) is to reduce the incidence, prevalence, costs and consequences of alcohol and other drug use and abuse in Clay County through the coordinating, support and promotion of county-wide education and prevention, intervention and treatment, and criminal law enforcement efforts.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Anthony Warner	Christian Intervention Program	C	M	Prevention
2	Emily Freeman	CASEY	C	F	Prevention
3	Scott Stucky	Clay City SADD	C	M	Education
4	Kelsey White	Clay Co. Probation	C	F	Judiciary
5	Paul Harden	Clay Co. Sheriff Dept	C	M	Justice
6	Andy Jones	Hamilton Center	C	M	Treatment
7	Abby Helton	BBBS	C	F	Prevention
8	Deborah Allen	Northview SADD	C	F	Education
9	Terry Skaggs	Clay City Police	C	M	Justice
10	Terry Cohen	SAC	C	M	Staff

## LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

The Clay County Substance Abuse Council meets at 4:00 pm on the second Wednesday of January, March, May, August, September, October, November, December.

## Community Needs Assessment: Results

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

### Community Profile

County Name:  Clay County
County Population:  26,590
Schools in the community:  Community Community Schools
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.): St. Vincent Hospital St. Vincent Medical Group WVWCL Employee Medical Center
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.): Hamilton Center Thomas Henderson and Leah Powell, clinical practioners
Service agencies/organizations: Healthy Families of Clay County Victim Assistance Program Wabash Valley United Way
Local media outlets that reach the community: Brazil Times newspaper WTWO WTHI Clay City News
What are the substances that are most problematic in your community?: Meth, Alcohol, Tobacco/Vaping and Marijuana
List all substance use/misuse services/activities/programs presently taking place in the community: Hamilton Center

## Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

**Risk Factors Examples:** trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

**Protective Factors Examples:** strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1. Availability of drugs and alcohol	<ol style="list-style-type: none"> <li>Existing laws</li> <li>State Excise Police retail sales compliance checks.</li> <li>Random Drug testing by the Clay County Community Schools.</li> <li>Drug Test kits, law enforcement and probation.</li> </ol>	<ol style="list-style-type: none"> <li>Rural county with limited law enforcement.</li> <li>Limited compliance checks for retail outlets.</li> <li>Drug traffic corridor on I-70</li> </ol>
2. Peer Substance Abuse	<ol style="list-style-type: none"> <li>Clay Community Schools SADD program.</li> <li>Hamilton Center IOP and counseling services.</li> <li>Faith based organizations.</li> </ol>	<ol style="list-style-type: none"> <li>Community acceptance</li> <li>Limited awareness of abuse problem.</li> <li>Limited awareness of treatment options.</li> </ol>
3. Limited prevention and recovery resources for adults.	<ol style="list-style-type: none"> <li>Community based counseling services – Hamilton Center</li> <li>Tobacco cessation programming.</li> <li></li> </ol>	<ol style="list-style-type: none"> <li>Limited counseling services.</li> <li>Limited residential treatment services.</li> <li>Treatment costs, lack of insurance.</li> </ol>
Protective Factors	Resources/Assets	Limitations/Gaps
1. School Connection	<ol style="list-style-type: none"> <li>Peer support through school involvement.</li> <li>Parental involvement and support.</li> </ol>	<ol style="list-style-type: none"> <li>Costs for extracurricular activities.</li> <li>Transportation impediments in a rural county.</li> </ol>

	3. Administrative support and extracurricular activity availability.	3. Limited or non-existent mentoring programs or opportunities.
2. Caring Community	1. Community churches with related youth and adult programming. 2. Upscale YMCA with comprehensive programming. 3. Mental health service availability.	1. No residential treatment providers in county. 2. Parenting skill levels. 3. Adult awareness of substance abuse issues.
3. Stable county economic base.	1. Active business environment. 2. Employment opportunities. 3.	1. Transportation costs issues. 2. Low income opportunities. 3.

## Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems. Identified problems are addressed over a three year period, where a full CCP is submitted to the Indiana Criminal Justice Institute (ICJI) April 1<sup>st</sup> of year 1, then two updates are submitted on April 1<sup>st</sup> of years 2 and 3.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

### Step 1: Create + Categorize Problem Statements

*Create problem statements as they relate to each of the identified risk factors.*

Risk Factors	Problem Statement(s)
1. Availability of drugs and alcohol for youth.	1. Youth have ready access to drugs, alcohol and tobacco products. 2. There is an acceptance or approval of youth abusing alcohol, tobacco and other substances.
2. There exists an environment of approval regarding substance use within the community.	1. Adults abuse alcohol, marijuana, meth and other substances at unacceptable rates 2. There is a lack of awareness with Clay County youth and adults regarding substance abuse issues.
3. There are limited prevention and recovery resources.	1. Adults and youth, with substance abuse issues, have limited treatment options. 2. Prevention programs targeting youth and adults are limited within the county. 3. There is limited interaction between ATOD related service providers.

## Step 2: Evidence-Informed Problem Statements

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

Problem Statements	Data That Establishes Problem	Data Source
1. Youth have ready access to alcohol, marijuana, tobacco products and other drugs.	<ul style="list-style-type: none"><li>• Indiana Excise Police conducted 136 permit location inspections in Clay County during 2019. There were 10 alcohol related violations and 10 tobacco related violations.</li><li>• Percentage of 12<sup>th</sup> grade Indiana Students, West Region, reporting monthly use of cigarettes is 9.7% 15%, a decrease from the 15% in 2017.</li><li>• Percentage of 12<sup>th</sup> grade Indiana Students, West Region, reporting monthly use of marijuana is 18%, a decrease from the 12.3% during 2017.</li><li>• Percentage of 12<sup>th</sup> grade Indiana Students, West Region, reporting monthly use of alcohol is 29%, no change from the previous year.</li><li>• During 2019, 15 youth over the age of 15 were arrested for alcohol charges, 14 for meth possession, 32 for marijuana and 10 for possession of a controlled substance.</li></ul>	<ul style="list-style-type: none"><li>• IPRC Youth Survey data.</li><li>• Indiana State Police arrest records.</li></ul>
2. Adults abuse alcohol, marijuana, illegal substances at unacceptable levels.	During 2019 there were 251 drug related arrests in Clay County. Of these arrests 35 were for alcohol related violations, 118 for meth charges, 81 for marijuana and 17 for possession of a controlled substance.	<ul style="list-style-type: none"><li>• Indiana State Police county specific arrest records.</li><li>• Treatment Episodic Data Sets (TEDS) information is related to individuals entering into substance abuse treatment who are at 200% below the federal</li></ul>

	<ul style="list-style-type: none"> <li>There were a total of 78 child removals during 2018 with 13 removals directly related to parental alcohol abuse. This is an increase from the 3 child removals from parents due to alcohol abuse, out of 58 total removals during 2017</li> </ul>	<p>poverty level and receive state funded treatment subsidies</p> <ul style="list-style-type: none"> <li>Child Protective Services – Children In Need of Services (CHINS)</li> </ul>
3. Adults and youth, with substance abuse issues, have limited treatment options.	<ul style="list-style-type: none"> <li>Marijuana treatment episodes (TEDS): 37 for marijuana dependence, 2018, a decrease from 42 during 2017.</li> <li>Prescription Drugs treatment episodes: 14 for opioid dependence, 2018, an increase from 13 during 2017</li> <li>Methamphetamine treatment episodes: 40 for meth dependence, 2018, a decrease from 69 during 2017.</li> <li>Alcohol treatment episodes: 29 for alcohol dependence, 2018, a decrease from 65 during 2017.</li> </ul>	<ul style="list-style-type: none"> <li>Treatment Episodic Data Sets (TEDS) information is related to individuals entering into substance abuse</li> </ul>

### Step 3: Brainstorm

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
1. Youth have ready access to, and use, alcohol, marijuana, tobacco products and other drugs.	1. Support prevention and education efforts within the county that use proven prevention strategies, including public awareness initiatives.



	<ol style="list-style-type: none"> <li>2. Support law enforcement in their efforts to combat youth ATOD through prevention, education and trainings. Support law enforcement in their ability to enforce the laws related to ATOD issues.</li> <li>3. Increase participation with the county justice system in order to address accessibility to ATOD by youth.</li> </ol>
2. Adults abuse alcohol, marijuana, and illegal substances at unacceptable levels.	<ol style="list-style-type: none"> <li>1. Support the efforts of law enforcement as it relates to their ability to bring to the justice system those individuals whose abuse of alcohol and other drugs cause them to break the law.</li> <li>2. Support the provision of treatment services by local mental health providers</li> </ol>
3. Adults and youth, with substance abuse issues, have limited treatment options.	<ol style="list-style-type: none"> <li>1. Increase the number of individuals referred to treatment that has been identified to have alcohol and drug abuse issues, either thru the local court system, allied agencies participating with the LCC or other service providers.</li> <li>2. Support prevention and education efforts within the county that use proven prevention strategies, including public awareness initiatives.</li> <li>3. Support the provision of treatment services by local mental health providers.</li> </ol>

#### Step 4: Develop SMART Goal Statements

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

**Problem Statement #1:** Youth have ready access to alcohol, marijuana, tobacco products and other drugs.

Goal 1: Perceived drug and tobacco use rates, as identified in school surveys, will reduce by 5% for 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> graders for alcohol, tobacco, marijuana and other illegal substances during the current year.

Goal 2: The SAC will increase the use of data that relates to the issue of ready access to illegal drug use by youth during the upcoming 12 months.
<b>Problem Statement #2:</b> Adults and youth abuse alcohol, marijuana, and illegal substances at unacceptable levels.
Goal 1: Decrease youth arrests for alcohol, marijuana and other illegal substances by 2% during the current year.
Goal 2: Decrease adult arrests for alcohol and illegal substance use by 2% during the current year.
<b>Problem Statement #3:</b> Adults and youth, with substance abuse issues, have limited treatment options.
Goal 1: The number of individuals seeking and participating with substance abuse treatment will increase by 5% within the current year.
Goal 2: The number of individuals participating in faith based counseling or support services addressing substance abuse will increase following the determination of a baseline figure of participation this year.

### Step 5: Plans to Achieve Goals

*For each goal, list the steps required to achieve each*

Problem Statement #1	Steps
Goal 1: Perceived drug and tobacco use rates, as identified in school surveys, will reduce by 5% for 8 <sup>th</sup> , 10 <sup>th</sup> and 12 <sup>th</sup> graders for alcohol, tobacco, marijuana and other illegal substances during the current year.	<ol style="list-style-type: none"> <li>1. Support awareness and/or education community programs that addresses the issue of substance abuse and accessibility by youth</li> <li>2. Support youth oriented treatment and counseling program needs resulting from substance abuse by youth.</li> <li>3. Support law enforcement and justice activities designed to address ready accessibility of illegal substances by youth.</li> </ol>
Goal 2: The SAC will increase the use of data that relates to the issue of ready access to illegal drug use by youth during the upcoming 12 months.	<ol style="list-style-type: none"> <li>1. Encourage the local school corporations to administer the Annual School Youth Survey.</li> <li>2. Encourage the local mental health service providers to provide information and data on the need for substance abuse intervention and counseling for youth.</li> </ol>

	<ol style="list-style-type: none"> <li>3. Support law enforcement and justice programs that address access of illegal substance by youth.</li> </ol>
<b>Problem Statement #2</b>	<b>Steps</b>
Goal 1: Decrease youth arrests for alcohol, marijuana and other illegal substances by 2% during the current year.	<ol style="list-style-type: none"> <li>1. Increase participation with the Clay County SAC with justice, prevention and treatment providers with the intent of supporting awareness activities relating to youth substance abuse.</li> <li>2. Support treatment service providers that provide counseling services for youth with substance issues.</li> <li>3. Support justice programs that specifically identify and address illegal youth and drug use.</li> </ol>
Goal 2: Decrease adult arrests for alcohol and illegal substance use by 2% during the current year.	<ol style="list-style-type: none"> <li>1. Support the use of local media outlets this year in publishing information relating to laws, local ordinances and treatment options for addressing illegal substance use.</li> <li>2. Support justice programs that specifically identify and address substance abuse by adults.</li> <li>3. Support the provision of treatment services for adults identified with substance abuse issues.</li> </ol>
<b>Problem Statement #3</b>	<b>Steps</b>
Goal 1: The number of individuals seeking and participating with substance abuse treatment will increase by 5% within the current year.	<ol style="list-style-type: none"> <li>1. Support the increased participation of treatment providers with the SAC during the current year thru active recruitment with the LCC.</li> <li>2. Support justice programs that identify individuals with substance abuse treatment needs.</li> <li>3. Support awareness campaigns or events that increase the community knowledge of the availability of treatment options.</li> </ol>

<p>Goal 2: The number of individuals participating in faith based counseling or support services addressing substance abuse will increase following the determination of a baseline figure of participation this year.</p>	<ol style="list-style-type: none"> <li>1. Identify faith based and residential recovery entities located within the county that currently are unaffiliated with the SAC. Promote involvement of one such service providers during the current year.</li> <li>2. Promote the awareness of faith based counseling services as a treatment option within the community.</li> <li>3. Support the interaction and referral of individuals to faith based treatment options by the justice system.</li> </ol>
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## Fund Document

*The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).*

## Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year: \$24,372		
Amount of unused funds that rolled over from the previous year: \$4,933		
Total funds available for programs and administrative costs for the upcoming year: \$29,305		
Amount of funds granted the year prior: \$25,815		
How much money is received from the following entities (if no money is received, please enter \$0.00):		
Substance Abuse and Mental Health Services Administration (SAMHSA): \$0.00		
Bureau of Justice Administration (BJA): \$0.00		
Office of National Drug Control Policy (ONDCP): \$0.00		
Indiana State Department of Health (ISDH): \$0.00		
Indiana Department of Education (DOE): \$0.00		
Indiana Division of Mental Health and Addiction (DMHA): \$0.00		
Indiana Family and Social Services Administration (FSSA): \$0.00		
Local entities: \$0		
Other: \$0.00		
<b>Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$16,000):</b>		
Prevention/Education: \$8,602	Intervention/Treatment: \$8,602	Justice: \$8,602
<b>Funding allotted to Administrative costs (\$3,500):</b>		
<i>Itemized list of what is being funded</i>		<i>Amount</i>
Coordinator's Salary		\$2,500
Capacity Building		\$499
Admin Fee to President/Secretary/Treasurer		\$500
<b>Funding allotted by Goal per Problem Statement:</b>		
<b>Problem Statement #1</b>	<b>Problem Statement #2</b>	<b>Problem Statement #3</b>
Goal 1: \$4,301	Goal 1: \$4,301	Goal 1: \$4,301
Goal 2: \$4,301	Goal 2: \$4,301	Goal 2: \$4,301